

Eldercaregiverinfo.com
Cares & Concerns

CARENOTES
For the New
CAREGIVER

ELDER ABUSE IS AGAINST THE LAW. REPORT IT!

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CAREGIVER'S CARENOTES

CARES & CONCERNS FACING THE NEW CAREGIVER

CAREGIVER OR CAREGIVEN

THE JOURNEY AND TRANSITION FROM PARENT, CHILD OR FRIEND INTO CAREGIVER/CAREGIVEN IS NOT AN EASY PATH. HOWEVER, YOU WILL FIND THAT THE NEW RELATIONSHIP CAN BE MOST REWARDING.

THE CAREGIVEN (PATIENT) MUST REALIZE THAT THE REQUESTS MADE OF THEM ARE IN THEIR BEST INTEREST AND NOT GIVEN TO HARM THEM. AS THEIR PHYSICAL CONDITION CHANGES, SO MUST THE LEVEL OF CARE AND COOPERATION. THE BETTER THE PATIENT ATTITUDE, THE EASIER THE RELATIONSHIP OF CAREGIVEN TO CAREGIVER.

THE CAREGIVER MUST REALIZE THAT THE CAREGIVEN IS MAKING A MAJOR CHANGE IN HIS/HER LIFE, JUST AS THE CAREGIVER MUST CHANGE. THE MORE AND LONGER THE PATIENT CAN DO FOR THEMSELVES, THE BETTER THE ATTITUDES OF BOTH CAREGIVER AND CAREGIVEN.

SOMETIMES IN THIS LIFE WE MUST FACE TASKS FOR WHICH WE ARE NOT PROPERLY PREPARED. CAREGIVING IN A PERSONAL AND MEDICAL SENSE IS ONE OF THOSE THINGS WE INTENDED TO PUT OFF UNTIL WE REACH 100, BUT NOW WE'VE EITHER ATTAINED THE AGE, OR WE'RE FACED WITH THE TASK. WHICHEVER THE CASE, NOW IS THE TIME AND THIS IS THE CAREBOOKLET.

WHATEVER YOU DIDN'T KNOW OR NEVER WANTED TO KNOW ABOUT YOUR PATIENT WILL NOW BECOME A NECESSITY AND YOU WILL LOSE AND MAKE MANY FRIENDS IN THE PROCESS, BUT YOU CAN AND MUST DO IT!

CARE AND CONCERN MUST BE SHARED BY ALL INVOLVED, NOT JUST THE CAREGIVER. GOD'S CARE AND BLESSINGS IN YOUR EFFORTS.

CARENOTES CHECKLIST:

PATIENT NAME: _____
SOCIAL SECURITY NUMBER: _____
ADDRESS: _____
CITY: _____ STATE: _____
ZIP CODE: _____ TELEPHONE NO: _____

MEDICAL INSURANCE: POLICY NUMBERS/CONTACT

MEDICARE PART A: _____ PART B: _____
HMO: _____ MEDIGAP: _____
CANCER: _____ DISABILITY: _____
MEDICAID: _____ VA BENEFIT: _____

HEALTHCARE SURROGATE: _____

TELEPHONE NO: _____

PRIMARY PHYSICIAN: _____

TELEPHONE NO: _____

OPHTHAMOLOGIST: _____

TELEPHONE NO: _____

NEUROLOGIST: _____

TELEPHONE NO: _____

CARDIOLOGIST: _____

TELEPHONE NO: _____

UROLOGIST: _____

TELEPHONE NO: _____

HEMATOLOGIST: _____

TELEPHONE NO: _____

PODIATRIST: _____

TELEPHONE NO: _____

OTHER: _____

TELEPHONE NO: _____

HOSPITAL: _____

TELEPHONE NO: _____

HOME HEALTHCARE: _____

TELEPHONE NO: _____

ELDER DAYCARE: _____

TELEPHONE NO: _____

TRANSPORTATION: _____

TELEPHONE NO: _____

PRESCRIPTIONS:

PRESCRIPTIONS: _____

CAREGIVER: _____
TELEPHONE NO: _____

CONCERNS:

HOME PREPARATION

FAMILY PREPARATION

PHYSICAL DEMANDS – Caregiver

PREPARATIONS FOR EMOTIONAL DEMANDS – Caregiver and Caregiver

PHYSICIANS, SURGEONS & SPECIALISTS LISTS

HOME HEALTH AIDS

HOME HEALTH SUPPLIES

HOME HEALTH CARE

POSSIBLE PROGRAMS AVAILABLE

FINANCIAL RESOURCES

LEGAL PAPERS

INFORMATIONAL SERVICES